

Make Your Own Prayer Beads to Learn the Lord's Prayer

Use this kit of supplies to create your own set of prayer beads to learn and pray the Lord's Prayer. Each kit has a wooden cross, 11 beads, and plenty of hemp twine. Adult assistance may be required. *You may decorate your plain wooden cross if you like. Just keep in mind that it is intended to be a holy object - something set aside for worship, prayer, and connecting to God - so keep with designs that perhaps reflect God's creation or are just colorful or patterned.*

Start by threading the string through the loop on the cross. Make sure the cross is in the middle of the length of string. Tie a knot at the top of the loop.

Now tie a few more knots, using both ends of the strings together, to make space between the cross and the first (ivory bead). Make sure the knots are big enough to keep the bead from slipping down - you might have to layer knots on top of each other.



String the ivory/tan bead onto the thread by pulling it over both ends of the strings. Pull it all the way down until it gets to cross (above your spacer knots). Use both ends of the string to knot this bead into place. If you want, get a parent's help to slip one end of thread around the ivory bead, up through the bottom and back out the top toward the left side. Do the same on the right side. Then tie your knots. This step isn't necessary, but will secure the ivory bead in place.



Then, using just the left string, tie in some spacer knots and then slide on the first blue bead. Knot it in place. Make some spacer knots and tie on the first orange bead. Continue the pattern using the green bead, the red bead, and finally the yellow bead. The order is important to match the Lord's Prayer card. After the yellow bead tie a couple more spacer knots and leave the extra string.

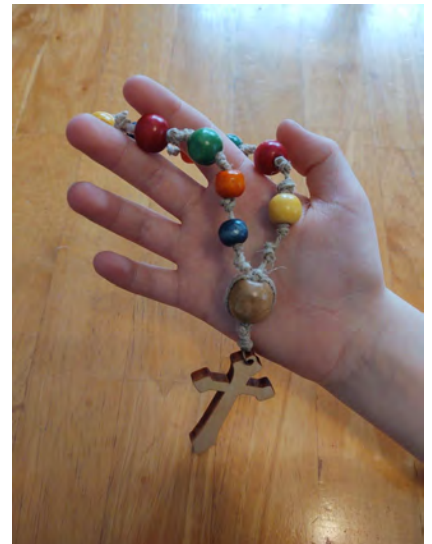


Move to the right side of the string and use the same process, tying on the beads in the opposite order: first the yellow, then the red, then the green, then the orange, finishing with the blue and some final spacer knots. Now, tie the two strings back together to form one loop. Tie it so that the spacer knots from the left side above the yellow bead match up with the spacer knot after the blue bead on the right side. You can trim off any remaining string once your beads are securely tied together.



Congratulations! You now have your own set of Anglican prayer beads to use with the Lord's Prayer card. Use this card throughout Lent and see if you have the Lord's Prayer memorized by Easter Sunday.

Already have the Lord's Prayer memorized? Use the beads to: pray it before bed as a way to calm your mind and settle your spirit before sleep, or when you are anxious or upset to bring peace to your soul and refocus your thoughts.



THE LORD'S PRAYER

LEARNING TO PRAY ONE BEAD AT A TIME

BEGIN

1

Hold the ivory bead and pray:
Our Father who art in heaven, Hallowed be thy name. Then travel up the strand of beads to the left.

2

Hold the first blue bead and pray:
Thy kingdom come.

3

Next, holding the first orange bead pray:
Thy will be done
on earth as it is in heaven.

4

Holding the first green bead:
Give us this day our daily bread,

5

Holding the first red bead:
and forgive us our trespasses,
as we forgive those who trespass against us,

6

Holding the first yellow bead:
and lead us not into temptation,

7

Holding the second blue bead:
but deliver us from evil.

8

Holding the second orange bead:
For thine is the kingdom,

9

Holding the second green bead:
and the power,

10

Holding the second red bead:
and the glory,

11

Holding the second yellow bead:
for ever and ever.

12

Holding the ivory bead again.
Amen

END..OR REPEAT