

# The Third Sunday after the Epiphany

January 28<sup>th</sup>, 2024

9:15 am



## *An Order for Holy Eucharist* **Trinity Church, Swarthmore**

*Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God."  
But Jesus rebuked him, saying, "Be silent, and come out of him!"*

~ Mark 1:23-25

**Welcome!** This service is meant to be especially suitable for children and their friends, of any age. There is room in it for interaction and play, as well as unplanned sounds and events! Upon entering, children are invited to **take a plain “Prayer Card” and write or draw a prayer or thanksgiving**, which will be shared with all by the priest during the service. We encourage older persons to help younger persons with **reading (or memorizing) the words in bold**.

Within the rubrics of “An Order for Eucharist” in our Episcopal Book of Common Prayer, the form for worship for this service has been adapted from the “Eucharist for Creation and Redemption,” A New Zealand Prayer Book, pp. 467-473.

This service **is not** livestreamed or recorded.

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## The Ministry of Word and Prayer

### The People Gather

*All standing, the presiding priest or minister says*

#### Opening Acclamation

*Presider*            Glory to you, O God,  
*People*            **who gives us the Way of life in Christ.**

Song of Praise                      “Joyful, joyful, we adore thee” vv. 1 & 3                      *Hymnal 1982 #376*

- |   |  |
|---|--|
| 1. <b>Joyful, joyful, we adore thee,<br/>God of glory, Lord of love;<br/>Hearts unfold like flowers before thee,<br/>Praising thee, their sun above.<br/>Melt the clouds of sin and sadness;<br/>Drive the dark of doubt away;<br/>Giver of immortal gladness,<br/>Fill us with the light of day.</b> | 3. <b>Thou art giving and forgiving,<br/>Ever blessing, ever blest,<br/>Wellspring of the joy of living,<br/>Ocean depth of happy rest!<br/>Thou our Father, Christ our Brother;<br/>All who live in love are thine;<br/>Teach us how to love each other,<br/>Lift us to the joy divine.</b> |
|---|--|

#### Collect of the Day

*Presider*            The Lord be with you.  
*People*            **And also with you.**  
*Presider*            Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The congregation sits.*

### The Proclamation

From the Epistles 1 Corinthians 8:1-3

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

**Spirit of the Living God,  
Fall fresh on me, (x2)  
Melt me, mold me, fill me, use me.  
Spirit of the Living God,  
Fall fresh on me.**

## Gospel Proclamation

The Holy Gospel of Jesus Christ, according to Mark.

Mark 1:21-28

**Glory to you, O Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

**Praise to you, O Christ.**

## Homily

*Children are invited forward for a children's message. Children are then asked to return to their seats to continue working on their Prayer Cards.*

## We Respond to the Good News

Affirmation of Faith

The Apostles Creed

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**he ascended into heaven,  
is seated at the right hand of the Father,  
and will come again to judge the living and the  
dead.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## The Prayers of the People

(ANZPB, pp. 413-414)

*Children are invited to bring forward their Prayer Cards to be shared at the beginning of our prayers. We then enter into a litany of prayer, as follows.*

Heavenly Father, you have promised to hear when we pray in the name of your Son.  
Therefore in trust we pray for the Church:

Father, breathe fresh life into your people.  
**Give us power to reveal Christ in word and action.**

We pray for the world:

Creator of all, lead all people into ways of justice and peace.  
**That we may respect one another in freedom and truth.**  
Awaken in us a sense of wonder for the earth and all that is in it.  
**Teach us to care for its resources.**

We pray for the community:

God of truth, inspire with your wisdom those whose decisions affect the lives of others  
**that all may act with integrity and courage.**  
Give grace to all whose lives are linked with ours.  
**May we serve Christ in one another, and love as he loves us.**

We pray for those in need:

God of hope, comfort and restore all who suffer in body, mind or spirit.  
**May they know the power of your healing love.**  
Help us have your compassion.  
**Strengthen us as we share in making people whole.**

We remember those who have died and those who mourn:

We remember with thanksgiving those who have died.  
**Father, into your hands we commend them.**  
Comfort those who mourn.  
**Bring them peace in their time of loss.**  
We praise you for (N and) all your saints who have entered your eternal glory.  
**May their example inspire and encourage us.**

We pray for ourselves and our ministries:

Lord, you have called us to serve you.  
**Grant that we may walk in your presence:**  
**your love in our hearts,**  
**your truth in our minds,**  
**your strength in our wills;**  
**until, at the end of our journey,**  
**we know the joy of our homecoming**  
**and the welcome of your embrace,**  
**through Jesus Christ our Lord. Amen.**

## Confession and Forgiveness

There is forgiveness for all who seek to live in the Spirit of mercy and love.  
Let us confess our sins against God and neighbor.  
**We need your healing, merciful God.**  
**Some sins are plain to us, some escape us, some we cannot face.**  
**Forgive us and help us turn to you.**

**Set us free to hear your word.**

**Set us free to serve you.**

Receive God's forgiveness for you; forgive others; be at peace.

**Amen.**

## Sharing in Christ's Peace

The peace of Christ be with you.

**And also with you.**

*All are invited to share a sign of Christ's peace. Announcements follow.*

## The Ministry of the Lord's Table: Holy Communion

*In this community, all are welcome at the Lord's table, the altar. All who are drawn to God in the way of Christ are welcome to receive the Host. Directions for receiving are found after the Lord's Prayer and Breaking of the Bread.*

### Song of Offering

"There's not a friend like the lowly Jesus" vv. 1-3

LEVAS #90

1. **There's not a friend like the lowly Jesus,  
No not one! No not one!  
None else could heal all our souls diseases,  
No not one! No not one!**

*Refrain:* **Jesus knows all about our struggles,  
He will guide till the day is done;  
There's not a friend like the lowly Jesus,  
No not one! No not one!**

2. **No friend like Him is so high and holy,  
No not one! No not one!  
And yet no friend is so meek and lowly,  
No not one! No not one!**

*Refrain*

3. **There's not an hour that He is not near us,  
No not one! No not one!  
No night so dark but His love can cheer us,  
No not one! No not one!**

*Refrain*

## THE GREAT THANKSGIVING *(standing)*

*(various: ANZPB, EOW)*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. In your Son Jesus, light which shines for all has come into the world.

He has become one with us,

**so that we may become one with You.**

Your child dwelt among us in justice and truth,  
**giving us grace and peace.**

And so, we join with the angels and all the company of heaven as we sing:

*(Sung to "Land of Rest")*

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.**

**Hosannah in the highest.**

**Blessed is the one who comes**

**in the name of the Lord.**

**Hosannah in the highest.**

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He allowed himself to be baptized by John in the Jordan River. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor.

He yearned to draw all the world to himself,  
**yet we were heedless of his call to walk in love.**

Then, the time came for him to complete upon the cross the sacrifice of his life,  
**and to be glorified by you.**

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: Drink this all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.

Be among us, O God, as we proclaim the mystery of faith:

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come, your  
will be done,  
on earth as in heaven.  
Give us today our daily bread.**

*The priest breaks the bread in silence and then says*

The bread we break is a sharing in the body of Christ.

**We who are many are one body,  
for we all share the one bread.**

The gifts of God for the people of God.

**Christ was promised,  
Christ is born,  
Christ will be with us again.**

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come,  
**we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.**

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

**In the fullness of time bring us with all your saints,  
from every tribe and language  
and people and nation,  
to feast at the banquet prepared  
from the foundation of the world**

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

**Forgive us our sins,  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and ever. Amen.**

Song during Communion

“Let us break bread together”

LEVAS #152

1. Let us break bread together on our knees,  
(x2)

2. Let us drink wine together on our knees.  
(x2)

*Refrain*

*Refrain:* When I fall on my knees,  
With my face to the rising sun,  
O Lord, have mercy on me.

3. Let us praise God together on our knees.  
(x2)

*Refrain*

Prayer After Communion

Creator of all, giver of life,  
we give you thanks and praise,  
that when we were still far off,  
you met us in your Son and brought us home.  
Born into the world, living among us,  
dying and yet alive again,  
he declared your love, gave us grace and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.

The Dismissal of the Community

*A blessing may be given.*

Sending Hymn

“He's got the whole world in his hand”

LEVAS #217

1. He's got the whole world,  
In his hand. (x3)
2. He's got you and me sister,  
In his hand. (x3)

3. He's got you and me brother,  
In his hand. (x3)
4. He's got everybody here,  
In his hand. (x3)

*The congregation is sent out with these words*

Go in peace.

**Amen. We go in the name of Christ.**

*All are invited...*

*to join the various programs and discussions as outlined in the announcements. Today, please join in the refreshments and activities for children and adults following this service.*

*Assisting this morning:*

Director of Music  
Altar Guild

Family of the Week  
Verger  
Chalice bearers  
A/V Ministry

Jared Agee  
Suzanne West, Betsy Breakell, Linda Howard  
Barb Swartz, Angela Cimino  
The Golden Family  
AnnMarie Stanton  
Kristine Golden, Shirley Meehan  
Mason Hartley  
Maggie Ainslie, preaching  
Fr. Ted, presiding



*Vestry Members and Officers*

Rebecca Clemmer (Rector's Warden) \* Bill Scarborough (People's Warden)  
Jay Gillespie (Treasurer, non-voting) \* Sharon Graham (Secretary)  
Catherine Gardner \* Mike Donoghue \* Jan Dreachslin \* John McCurry  
Jim Meehan \* Andy Millett \* Suzanne West \* Jeff Orlando \* Suzanne West \* Agnès Wozniak  
*Rector* The Rev. Edward E. ("Ted") Thompson, Ph.D.

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*A parish of the Episcopal Diocese of Pennsylvania*