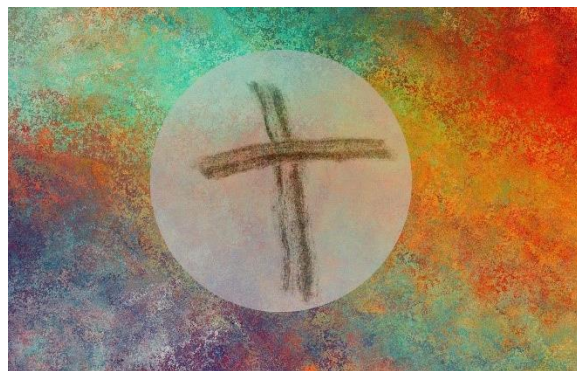


Announcement Sheet Deadline: Wednesday, 12 noon,
for Saturday publication

Announcements for the Fourth Sunday in Lent March 19, 2023



*8 and 11am services are **livestreamed and recorded** on our [Trinity YouTube channel](#).

8am Holy Eucharist, Rite One* – Traditional language, spoken service (no music)

9:15am Holy Communion – Child-friendly, with liturgical sources from around the world

10am Education Hour

- + Sunday School for Pre-K to 5th grade (Parish Hall)
- + Middle School group (Conference Room)
- + Reflecting on the day's scriptures (Adults and High-schoolers, Cleaves Room)
- + Young Parents and Parents-to-be meet with Fr. Ted. In the Choir Room, across from the 2nd floor office.

11am Holy Eucharist, Rite Two* – Contemporary language, with organ and choir

ALSO TODAY:

We bid farewell to the Rev. Joe German as he leaves Trinity for his first official assignment as a deacon, with Christ Church, Media.

Childcare resumes – Rachel Anthony and Jenny Nguyen are returning to Trinity as our childcare providers. Both have submitted the required background clearances. Childcare will be provided 9am – 12:30pm through the end of the Sunday School year.

Chili Cook-Off!, 5:30-7:30pm: Fundraiser for the Youth trip to Iona – Trinity High School Youth will be making a holy pilgrimage to Iona Community in Scotland this June. The Iona Community offers a Christian ecumenical community in which the visitors commune and worship with others from around the globe. Designed as an experiential time of exploring and deepening one's faith-life, the Trinity Youth pilgrimage occurred every other year pre-pandemic. This year marks its return. In the past, Trinity youth have journeyed on holy pilgrimages to Corrymeela, Northern Ireland, the historic cathedrals of England, and the American Southwest. **Get your chili on!**

The Week Ahead

Daily Morning Prayer, Monday-Friday, 8am – Join fellow parishioners via Zoom for Morning Prayer, using Rite Two from the 1979 *Episcopal Book of Common Prayer*. To join, click this [Morning Prayer](#) link or visit our website. To call in, for Philadelphia, dial +1 267-831-0333, then Meeting ID 917 6013 7051. For more information, contact the church office.

Monday

- + **Sanctuary Yoga, 10:30am** – A gentle class, free and open to all, in the beauty of the main sanctuary.
- + **Vestry** will meet at 7pm in the parish hall.
- + **Centering Prayer, 7:30pm** – This longstanding prayer group meets online and engages in meditative prayer, teaching, and community, the basics of Centering Prayer. It is open and there is no fee to join, but individuals pay for the study materials as needed. This long-standing group currently meets by Zoom. All who are interested can leave a message at the Church Office, and the call will be returned by a Group member.

Tuesday: The Little Group meets at 7:30pm in the Cleaves Room.

A green poster for a chili contest. It features an orange chili pot with a white heart on its side. To the right, the text reads "CHILI CONTEST YOUTH FUNDRAISER". Below the pot, it says "Sunday, March 19 5:30pm to 7:30pm Trinity Parish Hall". There are icons of a bowl of chili and a plate of cornbread. At the bottom, it lists "Chili, Corn Bread, and Salad", "50/50 Raffle", and "Silent Auction Items". The footer says "Sponsored by Trinity Outreach for the Youth Trip to Iona, Scotland".

CHILI CONTEST
YOUTH
FUNDRAISER

Sunday, March 19
5:30pm to 7:30pm
Trinity Parish Hall

Chili, Corn Bread, and Salad
50/50 Raffle
Silent Auction Items

Sponsored by Trinity Outreach for the Youth Trip to Iona, Scotland

Wednesday

- + **12noon: Holy Eucharist, Rite Two** – In person in the chancel (choir stalls), with shared dialogue on the day's scriptures. All are welcome.
- + **6:30-8pm: "Exploring Spiritual Gifts"** – A soup-and-salad study and discussion series in Lent and Eastertide. For details, please see under "Other Upcoming Events".

Thursday

- + **The Thrift Shop** will receive donations from 8:30 to 11am.
- + **Mindful Gentle Yoga, 12:30pm** – A gentle class, free and open to all, in the beauty of the main sanctuary. Classes are offered free of charge, on-site and on-line via Zoom. Donations welcome! To register for Zoom links, visit: [Sanctuary Yoga](#)
- + **"Scriptures and Songs" from 6:30-7:20pm** – Join us before the choir meets, to spend 50 minutes exploring the lessons and music for the upcoming Sunday.

Other Upcoming Events and Activities

Wednesdays in Lent: "Exploring Spiritual Gifts" – A soup-and-salad discussion series in Lent and Eastertide – Have you ever wondered about the so-called "gifts of the Holy Spirit" described in the scriptures? Do you know if you have any of them? Who or what even is the Holy Spirit? How does one receive these "gifts"? What does it mean to be "spiritual" people? These are some of the questions about the Spirit and things spiritual we will explore. Led by Fr. Ted and lay graduates of Education for Ministry and other Bible courses, we will present multiple views. Come, ask questions, and offer your thoughts and experience!

TIMING: Wednesdays, 6:30-8pm, beginning March 1 and going for 10 sessions. We will take a break for Holy Week and Easter Week (April 5 and 12) then resume April 19 and go into May.

FOOD: This will be a potluck soup-and-salad affair. All are welcome. Participants will be asked to contribute soup, salad or bread for 6-8 people. *To sign up, [CLICK HERE](#) or look for the linked announcement in this weekend's Constant Chronicle or on the website.*

Every day and week during Lent – From Sean McConnell, Senior Director, Engagement, ERD – *You make a difference through your prayers, inviting us for speaking engagements, sharing resources and in so many other ways. We hope that the 2023 Lenten Meditations, "Who is your Neighbor?" will give you a glimpse into our work happening across the globe so that they feel connected to our partners and their stories. Please check out [Lenten Meditations](#) or go to www.episcopalrelief.org/church-in-action/lent/. To partner with ERD in support of people affected by the deadly earthquakes along the border between Türkiye (Turkey) and Syria, visit the [Türkiye \(Turkey\)-Syria Earthquake Response Fund](#) on the ERD website. THANK YOU! *Wishing you peace.**

Thursdays in Lent, 6:30pm to 7:20pm – Scriptures and Songs is back! Are you curious about our liturgy? Who picked the scriptural lessons we read throughout the year and why? How is our music related to the words of our liturgy and to the lessons? Join us on Thursday evenings before choir for "Scriptures and Songs" to spend 50 minutes exploring the lessons and music for the following Sunday.

Blue Heron, Last Works and Legacies: Johannes Ockeghem's Missa Mi-mi & Other Works Concert Sunday, March 26, 3 p.m. at Lang Concert Hall, Lang Music building, 99 Whittier Place, Swarthmore. After the concert, you may want to stay and watch the **Masterclass** with Swarthmore students at 5pm. [Blue Heron's](#) program at Swarthmore, *Last Works and Legacies*, is the last installment in the ensemble's "Ockeghem@600" effort to perform the complete works of one of the greatest, yet seldom-performed, European composers of the 15th century, Johannes Ockeghem. Free and open to the public.

Lent 2023

EXPLORING SPIRITUAL GIFTS

A Soup-and- Salad Discussion Series
Wednesdays 6:30pm - 8pm
Trinity Parish Hall

Scriptures and Songs

- A weekly exploration of some of the lessons and music for the upcoming Sunday services in Lent
- Thursdays, March 2 to April 2
- 6:30 to 7:20 PM in the Cleaves Room
- A friendly and relaxed conversation – feel free to bring to your evening meal if you are going on to choir rehearsal (or anything else!)

Trinity Book Group will discuss *West with Giraffes* by Lynda Rutledge. *From Amazon:* "It's 1938. The Great Depression lingers. Hitler is threatening Europe, and world-weary Americans long for wonder. They find it in two giraffes and a twelve-day road trip in a custom truck to deliver them to the San Diego Zoo. Behind the wheel is the young Dust Bowl rowdy Woodrow. Inspired by true events, the tale weaves real-life figures with fictional ones, including the world's first female zoo director, a crusty old man with a past, a young female photographer with a secret, and assorted reprobates as spotty as the giraffes. Part adventure, part historical saga, and part coming-of-age love story, *West with Giraffes* explores what it means to be changed by the grace of animals, the kindness of strangers, the passing of time, and a story told before it's too late." The book group meets via Zoom at 10:30am the first Wed. of each month. All are welcome! For info and/or the Zoom link, contact Linda Sauer at lindasauer@aol.com.

Giving Back

Families Serving Together in Worship at 9:15am – *Would you and your family like to help shape the 9:15am liturgy? Do you want your children to be more fully engaged in worship?*

- 1) Serve as the **"Family of the Week"**! The Family of the Week takes up for one Sunday important but straightforward roles requiring little preparation. Greeting, carrying the cross to start and end worship, reading the first lesson, collecting the offering...these are meaningful ways children and their parents can more deeply worship together. [Sign up](#) for a Sunday today! *Questions? Contact Kristine Golden at krisy.golden@gmail.com.*
- 2) Get ready for **real bread on Sundays!** Sarah Kanner is exploring special bread recipes for Communion. Stay tuned for how your family can be part of this exciting way for children to be involved in preparing for Communion.

Family participation for the Youth Feeding Ministry – This is a wonderful learning experience for the family and an opportunity to serve those experiencing homelessness in our communities. *Can you help?* Anyone who can share their time on the 1st Sunday of the month is greatly appreciated. The [SIGN-UP LINK](#) for organizing families is full right now, but we still need Youth to come and help in the kitchen, the first Sunday each month. Homelessness and hunger don't take a holiday. The families at Connect Shelter count on us for their Sunday meal. Please contact [Kelly Fitzpatrick](#) with any questions you may have.



At the foot of the Cross – In honor of National Women's History Month in March and as an intergenerational Lenten service project, please join Trinity in collecting diapers, feminine hygiene and incontinence products as a way to help women at all stages of life as they care for themselves and others. SNAP and other welfare programs do not cover these necessary products. Each month, this leaves countless people without the products many of us take for granted. Products will be collected each Sunday in bins in the sanctuary nave through March 31st, and donations distributed to local organizations in need of these supplies. Thank you for your support. –*Outreach Committee*

From Sanctuary Yoga –Welcome March! This month we honor the vital role and contributions of women to our history, culture and society. In honor of Women's History Month, all March donations to Sanctuary Yoga will be used to support Trinity's 2023 Lenten Intergenerational Service project, see above. As always, thank you for your continued support of Sanctuary Yoga as an intentional community in service to others. –*In peace, Mary*

Episcopal Resource on Public Policy Action – Ever wonder what The Episcopal Church policy is on an issue you're interested in? Have we got the resource for you! Check out our brand-new [Policy for Action](#): An Index of Episcopal Church Public Policy Resolutions. In this revised edition, you will find hyperlinks directly to the full text in the Archives, revised snippets of each policy, and all of the recent resolutions from General Convention and Executive Council since we last published this document, plus a few older ones that weren't in previous versions. We also have refreshed categorization aimed at helping you learn about our policies.

PLEASE SEND EASTER MEMORIALS FOR THANKSGIVINGS AND IN MEMORY OF LOVED ONES
TO THE OFFICE BY APRIL 4TH. Thank you!

Prayers and Thanksgivings this Week

*The flowers on the altar this week are given to the glory of God
and in loving memory of Georgianna Gillespie Keahon by Jay and Laura Gillespie*

Trinity Church gives thanks...

...for Joe German and his many years of dedication and leadership at Trinity, with prayers for his future ministries
...for Rebecca and David Clemmer for hosting "Take 10" after the 11am service
...for this season of Lent: for the many ways for people to enrich their spiritual lives and draw closer to God
...for the organizers of the Chili Cookoff tonight!

We pray...

For healing and comfort: Randy Williamson, Bill North, Brett Koelle, Christine Kellett, Linda, Fran Vartanian, Nancy Gary, Jeannette, Helene Anastasio, Margaret, Marj Oughton, Miriam Stanton, Norma Williamson, Raquel Melul; Carolyn Wall, David McCurry, Debbie George, Edith & John Ogden, Mark Michaels, Christine, Beth, Steve Marinari, Josephine and Myron Smith, Debbie Casazza, Jimmy Murray, Ann Kane, Katie Alton, Jacqueline, Leola Nicholas, Warren Phillips, James Lyons, Evelyn, Cindy Bourassa, Noah, Louise Poole, the Ziegler family; Molly Stanton, the Riffert family, David Edwards, Constance Gorman, Lou, Robin Wright, Patrick Diggins, Judith, Nick, Becky and Will Scull, and Jennifer Lincoln

For the homebound: Ellen Belk, Eunice Gary, Alma Keech, Suzanne Keer, Mel Sutherland, Don Solenberger, Robert St. George, and Wallace Stroud

For others named to us: including Patrice, Erica Epstein, Ellie, Cheryl, Ernest, Mary, Jeanne Wagner, Jack, Dick Koelle, Rosine Charron, Carol & Mark Pugh, Kevin, Marty & Janet Goldstein, William & Susan Hicks, Katie Egan, Katie, Marcy Holquist, Lucy Messick, and Elizabeth

And we give thanks and pray...

For the Episcopal Church: Michael, Our Presiding Bishop; and in the Diocese of Guatemala, the Episcopal Church of Saint Martha of Bethany, Mazatenango, The Rev. Luis Cuyun

For our Diocese of Pennsylvania: Especially Daniel, our Bishop; for the Cathedral Chapter, and for the Delaware Deanery, The Very Rev. Edward Thompson, Dean

For parish families of the week: Bob Toland and Grace. Alice & Mark Turbiville. Tillie and John; Kelsey & Gabe Unholtz; Fran & Mike Vartanian; Jodie & Dan Vitale, Maya and Owen; along with Ted, our Rector; and Paula Lawrence-Wehmiller and Bill North, our clergy associates; and the vestry and staff

For those celebrating their birthdays: Tess Arata, Ronald Dawson, Rosemary Fox, Cathy Gardner, Linda Hauck; Charlotte Hull, James Lundmark; Samuel Perillo, and Kathryn Taylor

For those who have died: Skip Werley, Lee Darrow, George Helland, Harry Reppert, and Frank Griswold

Office Hours:

Tina will work virtually Monday this week.

Regular hours for drop-in business will be Tuesday through Thursday, 9am-4pm; Friday, 9am-12noon

The image at the top is in the public domain.

Trinity Church, Swarthmore

301 N. Chester Rd. * Swarthmore, PA 19081 * Tel: 610-544-2297

Email: office@trinity-swarthmore.org

Web: www.trinity-swarthmore.org

A parish of the Episcopal Diocese of Pennsylvania