

Announcement Sheet Deadline: Wednesday, 12 noon, for Saturday publication.

Announcements this week...

The Second Sunday after the Epiphany

January 16th, 2022



WORSHIP TODAY:

8am, Morning Prayer, Rite I – Shared by Zoom ([8am Zoom link](#))

10am, Morning Prayer, Rite II – Shared by Zoom ([10am Zoom link](#))

Due to the current spike in Covid cases, all Sunday worship services will be online only until Feb. 6.

The church office is closed for regular business and the buildings closed to regular on-site activities. If you need access, please contact Fr. Ted (revted@trinity-swarthmore.org).

The office will be closed tomorrow in observation of the Martin Luther King, Jr., holiday.

We rejoice in the life of the Church which connects us in Spirit across time and space, continues on Sundays and beyond, and defies the power of Covid or anything of this earth to determine our reality, which is grounded in God. Connect and take part in this living Truth.

Now, once again, it is time to draw strength from one another.

This Week

Trinity Swarthmore Hosts MLK Breakfast Bag Project – In honor of the legacy of the late Dr. Martin Luther King Jr., Trinity Church will host its 8th annual Morning of Service in support of *Caring For Friends* (formerly *Aid For Friends*), a non-profit organization which provides meals to 1,700 home-bound individuals who have little to no means of support.

Instructions – Due to COVID precautions, we ask participants to assemble breakfast bags at home, enclosing a hand-made note card in each one. The breakfast bags should be dropped off on Monday, Jan. 17th at Trinity between 11:30am and 1:30pm. There will be outdoor drop-off stations in the Circle Drive. Trinity volunteers will then deliver the breakfast bags to Caring For Friends to distribute to those they serve. Instructions for putting together the breakfast bags can be found on the Trinity website.

Goal and Purpose – Our goal is to collect 1,000 breakfast bags! Middle and high-school youth are invited to help, and both Fr. Ted and High School Youth Leader Jesse Clemmer will be present to help supervise. By gathering safely across generations in your families to support those in need, you are creating compassionate community.

Daily Morning Prayer, Monday-Friday, 8am – Join fellow parishioners for Morning Prayer, using Rite Two from the 1979 Episcopal Book of Common Prayer. To join, click this [Morning Prayer](#) link or visit our website. To call in, use the phone number as above for worship, then Meeting ID 917 6013 7051. For more information, contact the church office.

Monday Centering Prayer – This long-standing group meets by Zoom. If interested, please contact the church office for details on how to get connected.

Sanctuary Yoga – Happy New Year and Epiphany Blessings! All-virtual class format this month: with rising Covid cases, Sanctuary Yoga returns to an all-virtual format, with no on-site practice at the Trinity Sanctuary. This month we enjoy a back-to-basics yoga practice grounded in self-reflection and returning to center. Visit the [Sanctuary Yoga](#) webpage for class schedule, registration links, and the convenient Donate button. Please note there will be no class on Monday, January 24th.

Other Upcoming Events, Activities, and Ways to Help

Annual Parish Meeting, Feb. 6: Call for Vestry nominations – *Have you ever considered being part of Trinity's ministry of oversight, in partnership with the Rector? Do you want to know more about all of Trinity's programs? Are you interested in being part of a devoted fellowship of 12 persons, deepening in faith as they practice servant-leadership? Have you been confirmed and a member of Trinity Church for at least 6 months?*

If you can answer yes to these questions, please speak to Fr. Ted or one of our wardens (Cathy Gardner, Bill Scarborough) to learn more about whether you might be called to serve on vestry. You may also nominate someone else. Trinity thrives because of dedicated and involved parishioners.

Care Committee and Outreach Committee – We understand that everyone is affected by Covid-19 social isolation. Each of us responds differently and may have different needs or wishes for connection. Here are some ways we might be of help:

- A phone call.
- A weekly or bimonthly note.
- Grocery delivery.
- Help locating support services.
- Notifying the church if you know of any Trinity community member with needs.
- Request that Father Ted contact you.

Please contact the office if you would like to hear from us. You are all in our thoughts and prayers.

Our combined group of Stephen Minister churches has expanded from three to four to include Media Presbyterian Church. It means that we have even more Stephen Ministers for any adult who is experiencing major life stress and would like to have a Stephen Minister to "walk" with him or her during the difficult period. If you would like to have a Stephen Minister can contact Fr. Ted or Dorrie or Bill.



Have you considered pledging to the Trinity Church from the time, talent, and treasure given into your hands?

Our theme for 2022, "Together We Have Everything We Need," speaks to the resilience of this spiritual community, manifested this past year and promised when we all do our part from who we are and what we have. The complete video, shown in parts on Sundays, is linked at [2022 Stewardship Video](#). To donate online, click the following [Online Donation Option](#). The 2022 Pledge Form may also be printed and mailed to the office, or you may request our church office to mail the form to you. **God bless you and us in community with abundance!**

Happy New Year and many thanks to all our Trinity families who have continued to support the feeding ministry throughout the past year. The shelter and their residents are very appreciative of your efforts! I have updated the [Signup Genius](#) for opportunities to serve in the coming months. Please take a look and sign up if you can help out. Thanks again!

Trinity Book Group will discuss *The Power of the Dog* by Thomas Savage, via Zoom on the first Wed. in Feb. Set in the wide-open spaces of the American West, *The Power of the Dog* is a stunning story of domestic tyranny, brutal masculinity, and thrilling defiance from one of the most powerful and distinctive voices in American literature. The novel tells the story of two brothers — one magnetic but cruel, the other gentle and quiet — and of the mother and son whose arrival on the brothers' ranch shatters an already tenuous peace. From the novel's startling first paragraph to its very last word, Thomas Savage's voice — and the intense passion of his characters — holds readers in thrall. Contact: Linda Sauer at lindasauer@aol.com for the Zoom link. All are welcome!

Be an important part of Trinity worship! We still need volunteers to come forward to be trained in Zoom hosting and on-site A/V management. If you'd like to be part of these trainings, please contact Fr. Ted, or Bella Englebach (bella.englebach@gmail.com). Thank you very much!

If you're looking for an in-person public yoga class, please consider joining Mary Thompson at the new Park Avenue Center in Swarthmore. She will be leading two eight-week classes, on Thursdays at 10am (Hatha Flow), and Fridays at 10am (Yoga for Healthy Aging). Both classes start at the end of the month - you can check them out on their website: <https://thepac.center/programs/health-wellness>

Family Promise of Delaware County (IHN) is currently housing 2 homeless families: a total of 2 adults and 8 children. As we cope with the Omicron variant, we are still operating as a static site, eating here and calling this home full time for our families. As such, we have a few needs at the shelter. Everyday items needed are paper towels, toilet paper, cleaning supplies, and trash bags (tall kitchen bags, large black or green trash bags and contractor type bags). Drop offs can be arranged through Joe German, 484-480-6756. We continue to ask for meals at 6 pm, Mon. – Fri., info is on our [Signup Genius](#). Other volunteer opportunities are available, contact Dana Wesby 215-275-0782 or Doreen McGettigan 484-575-6452 for information.

Training and Learning opportunity from IHN – *Healing from Homelessness: A Conversation on Loss, Grief, and Resilience*, Wed. Jan. 26, 2022, 7:00 - 8:30 pm. For those who have volunteered in shelter work with IHN. [Register here](#).

Family Promise Volunteers are invited to join in this opportunity to understand the complex emotions surrounding the experience of homelessness. Learn about the ways that experiencing homelessness can manifest itself as loss, grief, and ultimately resiliency. We'll explore the secondary losses associated with homelessness and review your role as a volunteer and how to support the guests of Family Promise. *This webinar includes very honest and frank discussions of the emotional impact of homelessness on our guests.* Attendance is limited to 50 (former and current volunteers only).

Prayers and Thanksgivings this Week

For the Episcopal Church: Michael, Our Presiding Bishop; and in the Diocese of Guatemala: The Church of the Transfiguration, The Reverendo Tomas Calej Saquic

In our Diocese of Pennsylvania: for Daniel, our Bishop; and for Seaman's Church Institute; Brandywine Deanery The Very Rev. Richard Morgan, Dean

For parish families of the week: Anne and Michael Malone, Merle and Albert Manwaring, Paul and Andrew; Helen and Tom Mashek, Rachel and Ana; Mary McCabe; Sharan and Robert McCue; along with Ted, our Rector; and Paula Lawrence-Wehmiller and Bill North, our clergy associates; and the vestry and staff

For those celebrating their anniversaries: Bella and Rich Englebach

For those celebrating their birthdays: Annie Atsaves, John Crawford, Theodore Runiewicz, AnnMarie Stanton

For healing and comfort: Mike Donoghue, Patrick Egan, Barb Swartz, Ellie Chung, Bill Hicks, Erica Epstein, Chris Adams, Miriam Stanton, Debbie Casazza, Emily, Jimmy Murray, Ann Kane, Katie Alton, Warren Phillips, Bernadette Blair, Edith & John Ogden, James Lyons, Evelyn, Chris & Nicholas Cardi, Maria L., Cindy Bourassa, Noah, Louise Poole, Ruth Ziegler, David Edwards, Constance Gorman, Lou, Peggy Ferrari, Cheryl, Patrick Diggins, Judith, Kevin, and for all who are fighting short - or long-term effects of Covid.

For the homebound: Ellen Belk, Alma Keech, Suzanne Keer, Barbara Salom, Don Solenberger, Robert St. George, and Wallace Stroud

Warren Phillips is in rehab and would like to hear from Trinity. He is in Cedar Crest Nursing Facility, Attn.: Warren Phillips, 20B, 797 E. Fremont Ave., Sunnyvale, CA 94087, Email: introit@cloud.com A note or email would brighten his day.

And for others for whom prayers are requested, including Steve Laxton, Angeliki, Erica Epstein, Amy Borer, Ernest, Michael Gillin, Jeanne Wagner, Dick Koelle, Rosine Charron, Mary McElroy, Marty & Janet Goldstein, Louise Bruce, Michael Westcott, Lindy Bennett, Steve Ibbeken, Halsey North, William & Susan Hicks, Damian Brown, Katie Egan, Marcy Holquist, Wes Vogel, Katie, Lucy Messick, Skip Werley, Elizabeth

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Trinity Church, Swarthmore

301 N. Chester Rd. * Swarthmore, PA 19081 * Tel: 610-544-2297
Email: office@trinity-swarthmore.org Web: www.trinity-swarthmore.org

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